



WOMEN'S HEALTH MENU

IFF WOMEN'S HEALTH SOLUTIONS



REPRODUCTIVE



MATERNAL



MENOPAUSE



POST-MENOPAUSE

WOMEN-SPECIFIC HEALTH SUPPORT

WOMEN-SPECIFIC HEALTH SUPPORT			REPRODUCTIVE	MATERNAL	MENOPAUSE	POST-MENOPAUSE
Menstrual cycle support	Energy & iron supplementation	AB-Fortis® microencapsulated iron	•			
	Gut comfort	HOWARU® Transit probiotic	•			
		HOWARU® GI Complete probiotic	•			
	Hormonal support	Chasteberry extract	•			
Vaginal health	Bacterial & yeast balance	HOWARU® Feminine Health probiotic	•			
	Healthy vaginal microbiota & pH	HOWARU® Feminine Health probiotic	•		•	•
		HOWARU® Protect Prenatal + probiotic		•	•	•
	Vaginal health/wellness	HOWARU® Feminine Health probiotic	•		•	•
Healthy iron levels	Energy & iron supplementation	AB-Fortis® microencapsulated iron	•	•		
Menopause & Post-Menopause symptoms	Bladder health	Go-Less® botanical blend			•	•
	Bloating & gas	HOWARU® Transit probiotic			•	•
		HOWARU® GI Complete probiotic			•	•
	Blood glucose levels	<i>L. plantarum</i> Lp-115® probiotic				•
	Brain fog	Neuravena® oat extract			•	•
	Endothelial function	CitroVen™ botanical blend (*)				•
	Hot flashes	SoyLife® soy isoflavones			•	•

(*) Only available in the USA

(**) Only available in Europe

WOMEN-SPECIFIC HEALTH SUPPORT			REPRODUCTIVE	MATERNAL	MENOPAUSE	POST-MENOPAUSE
Menopause & Post-Menopause symptoms	Joint & bone health	Calceobiotic™ postbiotic (*)				●
		NovaSOL® Curcumin (**)			●	●
		UniK2™ natural vitamin K2				●
	Lipid metabolism	CitrOlive™ botanical blend				●
	Regularity & transit	HOWARU® Transit probiotic			●	●
	Skin, hair & nails	HOWARU® Radiance probiotic			●	●
		Pro-Skin formulation			●	●
		Kera-Biome formulation (**)			●	●
	Vaginal microbiota & pH	HOWARU® Feminine Health probiotic			●	●
	Weight management	HOWARU® Shape probiotic			●	●
GENERAL HEALTH & WELLBEING SUPPORT						
Brain health	Focus & concentration	Neuravena® oat extract	●		●	●
		Ginseng extract	●		●	●
	Memory	Neuravena® oat extract	●		●	●
		Sharp-PS® phosphatidylserine				●
	Mental well-being & mood	Passion flower extract	●		●	●
		HOWARU® Calm probiotic	●		●	●
		HOWARU® Protect Prenatal+ probiotic		●		
		Sharp-PS® phosphatidylserine	●		●	●
	Sleep	HOWARU® Calm probiotic	●		●	●
		Chamomile extract	●		●	●

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GENERAL HEALTH & WELLBEING SUPPORT			REPRODUCTIVE	MATERNAL	MENOPAUSE	POST-MENOPAUSE
Brain health	Sleep	Lemon balm extract	•		•	•
		Valerian extract	•		•	•
	Stress	HOWARU® Calm probiotic	•		•	•
		Sharp-PS® phosphatidylserine	•		•	•
		Passion flower extract	•		•	•
Digestive health	Bloating	HOWARU® Restore probiotic	•		•	•
	Constipation	HOWARU® GI Complete probiotic	•		•	•
		HOWARU® Transit probiotic	•		•	•
	Diarrhea	HOWARU® GI Complete probiotic	•		•	•
		HOWARU® Restore probiotic	•		•	•
	Digestive health	HOWARU® Balance probiotic	•		•	•
		HOWARU® Dophilus probiotic	•		•	•
		HOWARU® Restore probiotic	•		•	•
		FenuLife® fiber	•		•	•
		Litesse® Ultra™ fiber	•		•	•
	Gas	HOWARU® GI Complete probiotic	•		•	•
		HOWARU® Transit probiotic	•		•	•
	Gut comfort	HOWARU® Balance probiotic	•		•	•
		HOWARU® Dophilus probiotic	•		•	•
		HOWARU® GI Complete probiotic	•		•	•
		HOWARU® Restore probiotic	•		•	•
		HOWARU® Transit probiotic	•		•	•

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GENERAL HEALTH & WELLBEING SUPPORT			REPRODUCTIVE	MATERNAL	MENOPAUSE	POST-MENOPAUSE
Digestive health	Gut comfort	Litesse® Ultra™ fiber	●		●	●
	Heartburn	FenuLife® fiber	●		●	●
	Regularity	HOWARU® Transit probiotic	●		●	●
		Litesse® Ultra™ fiber	●		●	●
	Satiety	FenuLife® fiber	●		●	●
		Litesse® Ultra™ fiber	●		●	●
Energy & Sports	Sports support	HOWARU® Protect Sport probiotic	●		●	●
		Green mate extract	●		●	●
Immune health	Immune system/ health/ response	HOWARU® Protect Adult probiotic	●		●	●
		HOWARU® Protect Prenatal+ probiotic		●		
		HOWARU® Protect Sport probiotic	●			
		HOWARU® Protect 55+ probiotic				●
		Echinacea EFLA®894 extract	●		●	●
	Respiratory function	HOWARU® Protect Adult probiotic	●		●	●
Metabolic health	Antioxidant	CitroVen® botanical blend (*)			●	●
	Blood glucose	HOWARU® Protect Prenatal+ probiotic		●		
		<i>L. plantarum</i> Lp-115® probiotic				●
	Cardiovascular health	Benolea® olive leaf extract			●	●
		CitrOlive® botanical blend			●	●
		CitroVen® botanical blend (*)			●	●

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GENERAL HEALTH & WELLBEING SUPPORT			REPRODUCTIVE	MATERNAL	MENOPAUSE	POST-MENOPAUSE
Metabolic health	Cellular function	CitroVen® botanical blend (*)			●	●
	Cholesterol	Benolea® olive leaf extract			●	●
	Cholesterol	CitrOlive® botanical blend			●	●
		CitroVen® botanical blend (*)			●	●
	Circulation	CitroVen® botanical blend (*)			●	●
	Endothelial function	CitroVen® botanical blend (*)			●	●
	Lipid profile/ metabolism	CitroVen® botanical blend (*)			●	●
		CitrOlive® botanical blend			●	●
	Metabolic health	HOWARU® Shape probiotic	●		●	●
	Weight management	HOWARU® Shape probiotic	●		●	●
Green mate extract		●		●	●	
Oral health	Dental/ periodontal health	HOWARU® Smile probiotic	●		●	●
	Gum health	HOWARU® Smile probiotic	●		●	●
	Oral health	HOWARU® Smile probiotic	●		●	●
	Oral microbiota	HOWARU® Smile probiotic	●		●	●

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GENERAL HEALTH & WELLBEING SUPPORT			REPRODUCTIVE	MATERNAL	MENOPAUSE	POST-MENOPAUSE
Skin health	Skin health	HOWARU® Radiance probiotic	●		●	●
		Pro-Skin formulation	●		●	●
	Skin, hair, nails	Kera-Biome formulation (**)	●		●	●
	Skin moisture levels/ hydration	HOWARU® Radiance probiotic	●		●	●
		Pro-Skin formulation	●		●	●
	Skin wrinkle	HOWARU® Radiance probiotic	●		●	●
		Pro-Skin formulation	●		●	●

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Contact IFF to find out how our product portfolio of HOWARU® probiotic strains and CARE4U® botanicals can help you respond to in-demand women’s health needs and interests with tailor-made supplements for your customers.

To learn more about IFF and Women’s Health solutions, visit our website.

